

# **Finland - Health Benefits**

### **Provided through Local Tapiola, GEB's Network Partner in Finland**

Local Tapiola Group is owned by its customers and is focused on providing members with safer, healthier lives. Local Tapiola has approximately 1.6 million owner-customers and is comprised of 20 regional mutual insurance companies, including Local Tapiola General. Local Tapiola General offers Life, Medical and Pension products for the local market.

## Medical Plan Management

Key capabilities include:

- Group Life, Medical, Pension products;
- Medical plans may be customised to include deductibles for member cost-sharing;
- Provider network offering access to discounted and/or packaged pricing and direct payment arrangements;
- Dedicated network management team focused on credentialing, monitoring, cost containment:
- Dedicated medical case management team, providing patient support, pre-authorisation for care and treatment guidance;
- An online provider portal where network hospitals/clinics/physicians can confirm coverage and submit claims for reimbursement;
- Member service centre, available during normal business hours for questions about billing, benefits, claims status.

## Health & Wellbeing Programmes

In addition to group benefit plans, Local Tapiola General also offers clients a range of health and wellbeing programmes designed to help members Stay healthy, Return to health after sickness or injury, and Manage chronic illness:

#### Stay healthy

 Telemedicine/virtual healthcare for clinical support and condition/treatment guidance;

#### Return to health

 Medical case management/high cost case management through dedicated team;

#### Manage chronic illness

 Medical case management to identify treatment/health maintenance alternatives for chronic conditions, and support members before/during/after hospitalisation.

